

**WE ARE
WINNERS**

A Newsletter for our Life Force International Community

March 2004 - Volume 1, Number 3

We Are Winners!!

Hello to all from the beaches of Australia. We're halfway through our "summer" overseas and our business here and at home is flourishing. We hope yours is too.

Below we feature some wonderful, inspiring advice from Alison Ramadei. Her suggestions are excellent for anyone starting or growing their Life Force business. Alison met us through Jimmy Murphy and Life Force Regional Trainings in Colorado. She has been taking the products for almost two years and is currently at a Silver level. Here's a picture of Alison.



Building Your Business

What Does it Mean to be a Professional Business Woman?
by Alison Ramadei

When I am Wearing My Business Hat, this is how I act

I dress like I respect myself for who I am, so that others follow suit. I aim to dress slightly better than the people I am servicing.

I am on time to ALL my appointments. (If I will be late, I call.)

I keep my word. I do what I say I will do when I say I will do it.

I speak with confidence. I listen with respect.

When speaking or presenting, I lift my head, plant my feet, and align my spine in-between. Then I begin to talk when I have collected my focus. If I lose my focus, I repeat this process to find it again.

I am respectful of people's time, mine and theirs, by planning for things so I can address the needs of the situation effectively. I am focused and to the point, and I take plenty of time to listen. When in doubt, I ask others if there is anything else they would like to discuss, so everyone's expectations are addressed both completely and efficiently.

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I allow the people I work with to take responsibility for the things that are their responsibility. I take responsibility for the things that are mine. I am clear, straightforward and receptive in the communication or clarification of responsibilities and expectations on both sides of a professional relationship.

I address questions, concerns and comments with respect for myself and others, and I speak from the heart. If I don't know the answer to something I simply take responsibility for that by saying, "I don't know." Then I make sure that the question will get answered somehow.

I am available for the people I work with through both a technological means and a personal, one-on-one means of communication.

I ask for, and am receptive to, both positive and negative feedback.

When my work for the day is over, I play!

Product Testimonial

In this edition we'll feature Michael Jude and Christa's personal experiences with OsteoProCare. First let's hear from Christa:

I was a very strict vegan for almost 30 years and over that time I actually became very calcium deficient. I had a bone density test done not long after I started using the products. When the results came back it was pretty scary because it showed that I had the bone density of an 82-year-old woman! It was kind of unbelievable to me because I had been on such a pure diet and done everything right for so long. That was right at the beginning when I started using Body Balance and OsteoProCare; they're the two products I started with. About three years later I had another bone density test done and my bone density was then that of a younger woman than I was at the time. Now my bones are really strong, so I think it's made a huge difference to me. In terms of the calcium and other minerals that are in there, it's definitely something that everybody should be taking on a daily basis, especially if you're a woman and over 35. But even younger people need it because we're not getting calcium in our diets the way we should be. It's not being assimilated. There are a lot of other things that come into that. People are terrified of spending time in the sun, which means they're not metabolizing Vitamin D in their bodies. Without it you can't assimilate calcium. There are so many things that come into play. I just feel it's so vital to supplement with a form of calcium that your body can actually use, and that's OsteoProCare.

Now from Michael Jude:

I use OsteoProCare every day because I'm aware of the benefits of calcium supplementation. As I grow older the last thing I want is to have my joints and bones degrade. I definitely don't want to feel old and brittle. Also, I'm aware that calcium is absolutely necessary for my cellular metabolism; that is for my cells to function at optimum levels. So I use OsteoProCare as long-term insurance and it works.

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Acknowledgements

This newsletter features Chris Tinney, Crown Diamond with Life Force. In fact, he has only been with Life Force for two years and broke the record by making Crown Diamond in only six months! He is CEO of <http://www.BeAQuickProsCrown.com>, a system that thousands of Life Force people use to build their business. Recently Chris visited Michael Jude and Christa at their home on the beach for ten days. Below is a picture of Chris with some of the friends he met along the way!

From Chris:

“Network Marketing changed my life and it's a brand new, exciting experience every single time I see what it can do for others! I LOVE this business! **My top five Values are...** Humility, Integrity, Honesty, Appreciation and Humor.”

“**The very best thing about Network Marketing is...** Waking up every day and controlling my destiny. Having the time and money to do whatever I want and not being forced to do anything that I'm not passionate about. Making incredible friends and having the time to show people a better way. Seeing people dig themselves out of a financial ditch and start having fun! There are so many things to like, so I'll just say the very, very best thing is all the incredible adventures it allows me to have..... and the best of those are yet to come.”



Upcoming Events!

Have you all subscribed to Life Force eFlash? If not, be sure to. There's a constant stream of information to assist you in building your business. Go on line and check it out!