

**WE ARE
WINNERS**

A Newsletter for our Life Force International Community

February 2004 - Volume 2, Number 2

We Are Winners!!

The following interview was conducted a couple of weeks ago when Michael Jude and Christa were still in New Zealand. They just arrived at their home in Australia the first of February. Here is a picture of their current neighbors!



Building Your Business

Each edition contains an interview question regarding building your Life Force Business. Today's question, answered by Michael Jude, is: **Where are you now and what are you doing? How has Life Force enabled you to have this lifestyle?**

Michael Jude: I'm standing on the balcony of our brand-new condo overlooking the harbor of downtown Auckland; a beautiful day. We're getting ready to take a ferry over to an island off the coast of New Zealand, and next week we'll be off to our place on the ocean in Australia. Those are a couple of obvious, external things.

Interviewer: And this was not the lifestyle you had prior to being involved with Life Force?

Michael Jude: That's right. The other thing is wherever we go we're met by friends. We're not just schlepping into town unannounced, limping in.

Interviewer: Because of your large network that you've built up?

Michael Jude: Right, the people we have relationships with. We also have the security of knowing that our income is coming in whether we're going to work today or not. It's not only coming in, it's growing. Plus we have the satisfaction of doing work that we love doing, which is basically helping people to get more out of their lives.

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Product Testimonial

This is our second issue focusing on Body Balance. Let's hear from Michael Jude today regarding his personal experience with Body Balance:

I was one of those people who would drag my carcass out of bed every morning and it would be 9:00, 10:00, 11:00 o'clock before I'd actually wake up. I was just groggy for hours. And when I started taking Body Balance I noticed within a day or two that when I woke up, I was wide-eyed, alert, leapt out of bed, ready, anxious, eager, curious and excited about the day. That was not traditional for me; in fact, it was very different. This was within days of beginning to take Body Balance.

Also, I noticed right away that I had a lot more energy, but it wasn't like coffee energy where it's a quick buzz and then a jag and then depressed and tired and whipped out later. This was a sustained, even, wholesome, all-day-long kind of energy. And I never came down. Five years later I've still got this energy. As long as I keep taking Body Balance I keep getting that kind of energy throughout the day. I'm also sleeping better at night, waking up better, going to sleep more easily. I've definitely noticed an ability to heal a lot faster, like cuts and things that heal in just a little over half the time they used to. I eat about a third less than I used to but I feel satiated and full.

I've noticed my mental functioning is a lot sharper, in other words my memory, my ability to focus and concentrate, my ability to be with somebody. I also have less mood swings. I'm more mellow. Body Balance has evened up my blood sugar spikes and troughs. Before if I didn't eat within an hour I was like a maniac, just had to get some food because my blood sugar would plummet and then I'd get really aggravated and nasty. And now I can not eat all day and I don't care because Body Balance is feeding me on such a deep level that as long as I take it, I'm stable. It's stabilized my blood sugar quite a bit.

There are so many benefits. My hair, skin, teeth and nails are stronger. People tell me that I look younger. People who haven't seen me for a couple of years and then see me say, "Wow, what are you doing? You look great." Sure can't argue with that.

Acknowledgements

How has Life Force changed your life-style? What levels of success have you reached? We invite you to send in your testimonials so that we may share them with others. Please send entries to our personal assistant, Lori Hansen, at lorikhansen@yahoo.com and we'll fit you into a future newsletter. Today we feature Three-Star Diamond Zvone Vodnik who resides in Auckland, New Zealand. Having known Christa for about 20 years, Zvone started into the business five years ago, about nine months after Michael Jude and Christa. A quote from Zvone on page 3.



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A quote from Zvone:

“Initially it was a lot of work and we put in a lot of time. It was also quite challenging with the Australasian market. Then it got a little easier and we progressed quite considerably from Diamond into Three-Star in two years. This meant a significant income increase. I am now financially free. So much pressure was lifted from me with financial freedom, physically and mentally. My whole life relaxed. I still work a lot but I don't consider it work. I enjoy what I do. I enjoy helping other people and talking to them, so it doesn't feel like work. Now we do a great deal of traveling. I have three daughters and due to my LFI income I'm putting two of them through university right now. Without LFI they would have been dependent on student loans. This has been a tremendous benefit. Recently Lisa and I decided to move into Auckland to be more accessible to our team and we bought a beautiful apartment right in the middle of the city. Now we're able to hold meetings and help people move their business to their next level so they can create what they want in life. Another thing I've entered into is real estate, having purchased a few properties with the result of LFI income. I've learned a lot from Michael and am following in his footsteps.”

Upcoming Events!

Get Started Creating What Matters!

A Life Force International Rocky Mountain Regional Training Event

An Introduction to the Life Force Opportunity: Friday, Feb 20, 6:30-8:00 p.m.

Start Creating What Matters—Life Force Business training for the NEW Business Builder: Saturday, Feb 21, 9:30 a.m.-1:00 p.m.

Location: The Golden Hotel (800 11th Street, Golden, CO, 80401; 303-279-0100)

Is This For You?

- Are you ready to make a great monthly income?
- Choose when you work and with whom?
- Create a business that includes time and freedom?
- Gather with a community of people whose purpose is to have EVERYONE succeed?

Come learn from our team of dynamic, successful leaders how to build a strong foundation for your Life Force business and the lifestyle you dream about!

Friday night: Members \$10 – Guests free

Saturday: Members \$10 – Guests free

Directions from Boulder: Highway 93 south to Highway 58; left on Highway 58 to Washington St.; right on Washington St. to 11th St., right on 11th Street; corner of 11th and Washington.

Directions from DIA: When exiting the airport, remain on I-70 West; take it about 35 miles to exit #265 which is Highway 58 (Golden/Central City sign); stay on Hwy 58 about 5 miles to Washington Ave. exit; turn left on Washington. The Hotel is on the right at the corner of 11th St. and Washington.