

NUTRITIONAL DEFICIENCIES ASSOCIATED WITH CONSUMPTION OF MEDICATION Information provided by Pharmaca Integrated Pharmacy	Biotin	Calcium	Coenzyme Q-10	Folic Acid	Inositol	Magnesium	Niacin	Pantothenic	Potassium	Probiotics	Selenium	Vitamin B1	Vitamin B2	Vitamin B6	Vitamin B12	Vitamin C	Vitamin D	Zinc
Blood Pressure Medication		O	X	O		X			O			X		X		X		X
Gastro-Intestinal Medication		X		X											X		X	X
Cholesterol Medication			X			X		X						X	X			
Anti-depressants			X										X					
Anti-biotics	X				X		X			X		X	X	X	X			
Analgesic or Anti-Inflammatory Medication		X		X		X			X		X					X	X	X
Oral Contraceptives				X		X							X	X	X	X		X
Estrogen Replacement Medication						X								X				

The FDA has not evaluated these statements.

O = Applicable to some, but not all blood pressure medications